```
function [ idxStart, idxStop ] = getStationaryTrimRegion( data, fileName )

fs = 44100;

idxStop = length( data );
idxStart = idxStop - 10 * fs;

if idxStart < 1
    errorMsgString = sprintf( 'The Stationary Signal must be at least 10 seconds long. %s was not of sufficient length', fileName );
    msgbox( errorMsgString, 'File Length Error' );
end


```